

Instant Pot Clementine & Peach Infused Water

Serving Information

Makes approximately
5 servings

Ingredients

- 4 Clementine
- 3 Peaches
- ½ Lemon
- 5 Cups of water

*Adjusting water
amount will change
taste

Directions

1. Peel clementine and destone peaches.
2. Place all ingredients in instant pot and select high pressure for 5 minutes.
3. Release steam and pressure, let cool for at least 5 minutes.
4. Strain water into pitcher and place in refrigerator to chill.

*You may choose to leave the fruit in, which will add more calories and nutrition.

3 calories, 1g carbs



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES